



2024 Wellness Incentive

Earn up to \$400 (\$200 each) in 2024!

Whether or not you have an immediate health care need, it's important to establish a primary care provider. Yearly check-ups can help find problems before they start, or discover them early, so you can get the treatment you need. The screenings your doctor orders will vary, depending on your age, health history and lifestyle choices.

Why should you get a yearly checkup?

- Discuss your current personal wellbeing and health goals with your doctor
- Connect and build trust with your doctor
- Discover and manage your disease risk
- Learn your baseline numbers to track over time
- Manage your medications
- Get and stay healthy!

Who is eligible?

As a regular, benefits-eligible, full-time employee, you are eligible – participation in one of our health plans is not required. If your spouse or domestic partner is enrolled in one of our health plans, they are also eligible.

How do you earn the Wellness Incentive?

Get your yearly checkup at your primary care doctor's office or at a Heritage Employee Wellness Center. Together, you and your spouse or domestic partner can earn up to \$400 – \$200 each – just by having your checkups and bloodwork done (if ordered by your doctor) by December 31, 2024.

1. Schedule your yearly checkup. Prior to your appointment, ask if you'll need to have bloodwork done to measure your cholesterol, blood glucose or other levels. If so, such bloodwork will be fully paid for. Ask if (and for how long) you must fast before your checkup.

2. Bring the Wellness Incentive Claim Form (page 2) to your appointment. Complete Section 1 and ask your doctor to complete Section 2 and return it to you.

3. Claim your Wellness Incentive by submitting your completed form to HR Shared Services. The Company will add your Wellness Incentive to your paycheck in the month following your form submission date.

Need a doctor?

You can find an in network provider at <https://www.anthem.com/find-care/>.

For help, call Anthem's Member Services at **1-844-441-1513**.

Heritage Employee Wellness Centers

If you're enrolled in one of our health plans, you can schedule your yearly checkup and blood-work (100% covered) at one of our Heritage Employee Wellness Centers:

Indianapolis IN

- 6625 Network Way, Suite 390 Indianapolis IN 46278
- 317-713-0430
- www.hgwellnesscenter.com

Brandenburg KY

- 1404 Old Ekron Road, Brandenburg KY 40108
- 502-684-8446
- www.bluminehealth.com

East Liverpool OH

- Multiple locations; Check website.
- 330-385-7170
- www.elch.org/river-valley-physicians/

Questions? Contact HR Shared Services

Monday – Friday,
8 am – 5 pm, 1-800-303-0408.



Wellness Incentive: Claim Form

Exams performed on January 1 – December 31, 2024

Your patient is participating in an annual preventive care visit as part of their employer sponsored benefits program. The properly coded preventive care visit (i.e., ICD-10 Z00.00 or Z00.01) is covered 100% under the insurance plan unless the appointment becomes diagnostic or is used to discuss pre-existing conditions. In these cases, the patient may be liable for out-of-pocket expenses.

PHYSICIAN: Please complete Section 2 below and return to the patient.

Section 1: Participant information (to be completed by employee or eligible spouse/domestic partner).

| | | | | |
|--|-------|---------------|---------------|-----|
| Name (Please Print) | M / F | Date of Birth | Date of Visit | |
| Address | City | | State | Zip |
| Participating spouse or domestic partner: <i>print the name of the employee under whose plan you have coverage. If self, leave blank.</i> | | | | |
| Signature | | | Today's Date | |

Section 2: Physician information (health care provider only).

| | | |
|------------------------------|--------------------|---------------|
| Provider Name (please print) | Provider Signature | Date of Visit |
|------------------------------|--------------------|---------------|

Signature confirms that an annual preventive care visit occurred on the date of visit.

Submit completed form to HR Shared Services **no later than December 31, 2024.**

Mail: The Heritage Group
HR Shared Services
6510 Telecom Dr., Suite 180
Indianapolis, IN 46278

Fax: 1-317-228-8424
Email: HRSS@thgrp.com
Subj: CONFIDENTIAL 2024
Wellness Incentive Form

* Please note that, because an occupational health exam does not look at the overall wellness picture, it does not qualify as a "yearly checkup."



BENEFITS + WELLNESS